



# LHMC E-NEWS



## MESSAGE BY DGHS

It gives me immense pleasure to pen down a message for this progressive initiative of having an institutional quarterly e-Newsletter. This e-Newsletter would surely play a vital role in not just showcasing institutional accomplishments but also spiralling the Institute on the path of ever greater growth, progress and brilliance.

Lady Hardinge Medical College and Associated Hospitals, apart from being one of the best centres of learning, is also a hub of scientific advancement, community engagement, and policy support. Documenting and sharing these contributions with all stakeholders in the institute would enhance interdisciplinary collaboration,



**Dr. Sunita Sharma**  
DGHS, MOHFW,  
Govt. of India.

stimulate best practices, develop a bond of shared ownership and inspire both faculty and students to strive for excellence.

I commend the institute for taking this initiative that would go a long way in strengthening institutional identity and transparency.

I extend my best wishes to Director, LHMC, and entire team for the publication of this e-Newsletter and wish the institute to grow by leaps and bounds.

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- Quality in Action: Improving Neonatal Care
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- UG Students: As academic flag bearers

## UPCOMING EVENTS

- CME on 'Paediatric Mechanical Ventilation and Simulation' on 21st February 2026
- World Oral Health Day, 20th March 2026.

# INSTITUTIONAL CHRONICLES

## SWASTH NARI, SASHAKT PARIVAR: A HOLISTIC HEALTH INITIATIVE

LHMC and its associated hospitals participated wholeheartedly in the Swasth Nari Sashakt Parivar programme, wherein various departments contributed significantly to the initiative.

The Department of **Obstetrics & Gynaecology** conducted a public awareness programme on Nutrition and Health for Women in the Antenatal OPD on **1st October 2025**, highlighting the importance of diet and exercise for holistic antenatal care, which received active participation from pregnant women and their relatives. The Department of **Psychiatry** participated in the Swasth Nari Sashakt Parivar programme, on **2nd October 2025**, and provided mental health counselling, de-addiction services, and postpartum depression screening. The Department of **Dental & Oral Surgery**, LHMC, organized an oral health awareness and screening camp at the Nirman Bhawan, MoHFW to promote oral hygiene and identify individuals requiring further dental care. Additionally, the Department of **Respiratory Medicine** conducted screening for COPD, asthma, and pulmonary tuberculosis among healthy women at Nirman Bhawan, emphasizing early detection and preventive respiratory health.

Our **Nursing students** also contributed by conducting education sessions on the prevention and management of anaemia, and they also participated in screening of women for diabetes, hypertension, and anaemia on **1st October 2025** at the Screening OPD, LHMC.

## स्वच्छता ही सेवा: स्वस्थ भारत की ओर एक कदम

लेडी हार्डिंग मेडिकल कॉलेज एवं संबद्ध अस्पतालों में स्वच्छता ही सेवा अभियान के अंतर्गत “एक पेड़ माँ के नाम” थीम पर वृक्षारोपण एवं जन-स्वच्छता अभियान का आयोजन किया गया। इस अभियान में संस्थान के चिकित्सा अधीक्षक, अपर चिकित्सा अधीक्षक, अन्य चिकित्सकों तथा अस्पताल के कर्मचारियों ने सक्रिय सहभागिता की।



# INSTITUTIONAL CHRONICLES

## हिंदी पखवाड़ा 2025: सशक्त आयोजन, समृद्ध संस्कृति

राजभाषा विभाग, गृह मंत्रालय, भारत सरकार के निर्देशानुसार, लेडी हार्डिंग मेडिकल कॉलेज एवं श्रीमती सुचेता कृपलानी अस्पताल में **14 से 30 सितंबर 2025** तक हिंदी पखवाड़ा का सफल आयोजन किया गया। कार्यक्रम में सभी वर्ग के अधिकारी और कर्मचारियों ने उत्साहपूर्वक भाग लिया।

उप निदेशक (प्रशासन) ने हिंदी को बढ़ावा देने और कार्यालय कार्य में अधिकाधिक उपयोग को सभी का उत्तरदायित्व बताया। कार्यक्रम में हिंदी भाषा की सरलता, माधुर्य और संवाद शैली के महत्त्व पर प्रकाश डाला गया। पखवाड़े के दौरान श्रुतलेख, निबंध लेखन, टिप्पण एवं आलेखन, सामान्य ज्ञान और आशुभाषण सहित पाँच प्रतियोगिताओं का आयोजन किया गया, जिसमें अधिकारियों एवं कर्मचारियों ने सक्रिय भागीदारी दिखाई।



## AMR AWARENESS WEEK: FIGHT THE RESISTANCE



The Department of **Microbiology** commemorated World AMR Awareness Week from **18th to 24th November 2025**. The week-long program featured nukkad natak for the public, poster competitions for undergraduates, and a scientific symposium.

Dr. Lata Kapoor (NCDC) delivered the keynote address, highlighting the global challenges of antimicrobial resistance (AMR). Several postgraduate residents also shared insights on AMR prevention and management. The events were attended by approximately 200 participants, fostering awareness and engagement across students, staff, and the public.



# INSTITUTIONAL CHRONICLES

## VIGILANCE AWARENESS WEEK

The vigilance cell of Lady Hardinge Medical College & S.S.K. Hospital organised various preventive vigilance measures during the vigilance awareness campaign period.

**An Integrity Pledge** was administered by the Hon'ble Health Minister on the commencement of Vigilance Awareness Week, 2025, on **27th October, 2025**. Director, LHMC & SSKH, faculty members, and other staff participated in the programme.

Under the Capacity Building Programme, a training was organized for the faculty and administrative staff during which **two technical sessions were conducted, titled "Investigation & Report" and "Framing of Chargesheet"**. **Sh. P.K. Mohanty, Director, Central Vigilance Commission, was the Guest Speaker**. Around 100 Officials attended the training programme.

A total of 738 trainers and 49 master trainers have received training in the Rashtriya Karmayogi. Large scale essay, poetry, and slogan competition was also organised where participation of more than 100 members was observed.



# INITIATIVES



## INFRASTRUCTRE AUGMENTATION

- **New surgery OT** was started in the surgery OT complex, A & E block.
- A new **Therapy Hall** of the Department of Physical Medicine and Rehabilitation (PMR) inaugurated in the New OPD Block on the occasion of International Day for Persons with Disability.
- The **High Dependency Unit (HDU)** in the Department of Pediatrics, further strengthened and expanded from 8 beds to 12 beds.
- A **procedure room** established in the **Orthopaedics** Ward
- **Obstetrics and Gynaecology** Department replaced 30 beds and added 10 new CTG (Cardiotocography) machines.
- A new **OT table** was started to cater to emergency orthopaedics patients on the 1st floor of the A & E block
- **Cold Room** installed in Biochemistry Lab. on the 2nd Floor of the IPD Block of LHMC & SSK Hospital

## QUALITY IN ACTION: IMPROVING NEONATAL CARE

The institutional determination towards quality patient care and medical education was at the helm in this quarter of the year 2025. The **Department of Neonatology** implemented several administrative and quality-strengthening initiatives to enhance patient care, safety, and governance.

- **QR code-based patient feedback mechanism**
- Monthly departmental review meetings held to **analyze trends and implement targeted improvements**.
- **Mortality audits** were institutionalized **within 24 hours** of each neonatal death, focusing on **root cause analysis** and identification of preventable factors.
- Monthly fire and electrical safety audits for a **hazard-free NICU environment**.
- A **digital** neonatal data capture system was initiated.

# INITIATIVES

## GO DIGITAL WITH MEDLEAPR

Department of Forensic Medicine and Toxicology is generating online Postmortem reports utilizing **MedLeaPR portal developed by the National Informatics Centre (NIC)** at LHMC. The effective adoption and operationalization of this **digital platform** for **Medico-Legal Case (MLC)** and **Post-Mortem (PM) report** has streamlined the day-to-day management of medicolegal work. MedLeaPR represents a significant step towards digitisation of medico-legal documentation.

## PATIENT FACILITY ENHANCEMENT

- A Multidisciplinary Team (MDT) **clinic for Differences in Sex Development (DSD)** has been initiated.
- **Medicine** Department has started **Colonoscopy Services**
- **Dermatology** Department initiated structured **counselling services** specifically for patients with **chronic dermatological conditions**

## NEW INVESTIGATIVE SERVICES

- Four new **Hormone Assay** started: Serum Cortisol, Serum AMH, Serum SHBG and Serum DHEAS Levels in **Biochemistry** department
- New tests added for **hemolytic anemia, multiple myeloma, Inborn Errors of Immunity (IEI)** workup. New Fully Automated body fluid, CSF and urine analyzer with microscopy and digital slide imaging and molecular analysis of cancer patients, in **Pathology** Department

## EDUCATIONAL INITIATIVES

- Installation of **Cadaveric Visualisation System** for enhanced teaching-learning facility for our Undergraduates and Postgraduates of all Surgical specialities
- **Internet connections** have been installed in the **computer assisted lab (CAL)** of the pharmacology department.

# INITIATIVES

## AETCOM SENSITIZATION WORKSHOP FOR SENIOR RESIDENTS

Understanding the growing need to continuously polish and refine the communication skills, discuss evolving ethical and professional concerns with changing health care scenario; **Medical Education Unit** initiated AETCOM sensitization workshop for **Senior Residents**.

The **interactive workshop** dealt with themes like **team building, communicating in busy OPD**, discussed **ethical concerns** using case scenarios. The workshop conducted on **30th October** was very well appreciated by the Senior Residents. MEU will run this as **series across the year**.



## ADVANCING QUALITY IN MEDICAL EDUCATION

**Strengthening** the commitment of the institute towards quality medical education, under the guidance of the Principal, LHMC, a sensitization workshop for Quality improvement in undergraduate medical teaching was conducted on **3rd and 4th of November**.

**Heads, senior faculty, and teaching in-charges** of different departments participated actively in the workshop, which focused on implementing the Continuous **Quality Improvement methodology** and different **feedback methods** for identifying problem areas and finding feasible solutions with the goal of improving undergraduate teaching.



# COMMUNITY CONNECT

## VASECTOMY FORTNIGHT: A STEP TOWARDS RESPONSIBLE PARENTHOOD

Vasectomy Fortnight was observed in Department of **Obstetrics & Gynaecology** in **November 2025** with activities to promote awareness on sterilization and contraceptive methods. Information was disseminated through staff sensitization, banners, posters, videos, OPD slips, and pamphlets across Gynaecology, FP, and ANC OPDs. Male counselling services were strengthened through group and individual sessions, along with daily quizzes from **26th November to 2nd December 2025**. Awareness activities also included counselling in postnatal wards and a Nukkad Natak organized on **3rd December 2025** in the Family Planning OPD.



## WELLNESS OF MIND: A WEEK OF AWARENESS

Department of **Psychiatry** observed Mental Health Week from **4th to 10th October, 2025** by organizing a series of mental health awareness programmes. These activities were aimed at promoting awareness, reducing stigma, and enhancing understanding of mental well-being among patients, caregivers, and the general public.

## FROM AWARENESS TO ACTION: WORLD AIDS DAY 2025

On the occasion of World AIDS Day, a public awareness talk was conducted in the **Dermatology** OPD focusing on HIV/AIDS awareness, cutaneous manifestations, prevention, and timely diagnosis. In addition, the Department of **Microbiology** organized a CME and poster competition. A panel discussion on "HIV Care: Bridging Clinical Treatment and Mental Health" was held, with participation from over 200 professionals. departemnt of **Medicine** conducted HIV Awareness programme on 8th December 2025



## PEDIATRIC SURGERY DAY 2025: HEALING LITTLE LIVES

**Pediatric Surgery Day** was celebrated on **29th December 2025**. On this occasion, awards were presented to the Best Nursing Staff, Ward Boy, and Safai Karamchari in recognition of their dedication and contribution to patient care. To mark the celebration, sweets were also distributed among the pediatric patients, creating a warm and cheerful atmosphere within the department.



# COMMUNITY CONNECT

## SEEING BETTER TOGETHER: WORLD SIGHT DAY 2025

On the occasion of World Sight Day (**9th October 2025**), the Department of **Ophthalmology**, under the guidance of Dr. Om Prakash, organized an eye-health awareness program featuring a street play on eye care and eye donation. The program educated the public about common eye diseases, followed by an interactive session between patients and faculty to address eye-related queries. UG students also actively participated by displaying informative posters on various eye conditions.



## NATIONAL TOOTH BRUSHING DAY 2025: PROMOTING ORAL HYGIENE FOR ALL

The Department of **Dental and Oral Surgery**, observed National Tooth Brushing Day on **7th November 2025** by conducting an awareness talk and oral health education activities. The programme aimed to promote correct tooth brushing techniques and strengthen preventive oral health practices among the community.



## ADVANCING NEWBORN CARE: AN OUTREACH LECTURE SERIES FOR PARENTS

A public lecture series was initiated under the Department's outreach and parent-education activities. The inaugural session was held during World Patient Safety Week at the Child Health Promotion Centre (CHPC), KSCH. It focused on immunization, early recognition of danger signs, and breastfeeding practices. The session was attended by parents visiting the immunization clinic, parents of high-risk NICU neonates, nursing students, and nursing staff. Dr. Vimal Kumari Arya, Medical Superintendent, KSCH, was the Chief Guest, and the sessions were conducted by the **Neonatology** faculty, DM residents, and nursing staff.

## NATIONAL EPILEPSY DAY 2025: AWARENESS, CARE AND COMPASSION

The Department of **Neurology** organized a Public Awareness Lecture on the occasion of National Epilepsy Day, observed on **17th November 2025**. The program included informative talks on the signs, symptoms, treatment, and essential do's and don'ts for patients with epilepsy, delivered by departmental faculty Dr. Alvee Saluja and Dr. Akhil Sahib.



# COMMUNITY CONNECT

## WORLD DIABETES DAY 2025: ADVANCING AWARENESS, IMPROVING LIVES

To mark World Diabetes Day, an awareness talk was organized by the faculty of the **Ophthalmology** department on **14th November**. On 18th, patients were addressed by Dr. Sarita Beri, Director, LHMC, and Head of Vitreo-Retina Services, emphasizing the impact of diabetes on eye health. A play was performed by UG students, highlighting the importance of regular screening and follow-up for the prevention and management of diabetic retinopathy. **Diabetes Awareness Week** conducted from **7-14th November 2025** by the **Medicine department**.



### Cerebral Palsy Day

Cerebral Palsy Awareness Day was celebrated for parents and caregivers on the occasion of World Cerebral Palsy Day on **6th October 2025** by the Department of Physical Medicine and Rehabilitation.

## WORLD PREMATURETY DAY 2025: ADVANCING CARE FOR PRETERM NEWBORNS

As part of the World Prematurity Day observance on **17th November 2025**, the Department of **Neonatology** organized an academic and awareness programme for parents of high-risk neonates and NICU graduates. The session highlighted the significance and consequences of preterm birth and included a guided visual tour of departmental facilities, along with structured education on kangaroo mother care (KMC), breastfeeding, and early recognition of danger signs.



### A Gift Beyond Life

Body Donation of Late Asheema Raja was received by the Anatomy Department, on **27th December 2025**. The Institute is thankful to Mr Tapan K Raja and family for honoring her wishes.

# ACADEMIC SPECTRUM

## PRECISION THROUGH IMAGING: CELEBRATING WORLD RADIOLOGY DAY 2025

World Radiology Day was celebrated on **7th November 2025** in the Department of **Radio-Diagnosis**. The activities included a Nukkad Natak by B.Sc. students and a poster competition. This created awareness about the significance of radiology in healthcare.



## FROM BREAK TO STABILITY: FRACTURE FIXATION WORKSHOP

On **November 14th**, the Department of **Orthopedics** conducted a hands-on workshop on fracture fixation using saw-bone models for postgraduates. The program included interactive sessions and practical demonstrations focusing on evidence-based practices and recent advances in trauma management. The workshop contributed to effective skill development and knowledge exchange, with positive delegate feedback reflecting the department's commitment to quality surgical training.



## BLUEPRINT TO BREAKTHROUGH: RESEARCH SIMPLIFIED

Workshop on Research Methodology was conducted on **22nd November, 2025**. Informative sessions on various aspects of research were taken..



## BASICS OF ACUPUNCTURE: PRINCIPLES AND PRACTICE

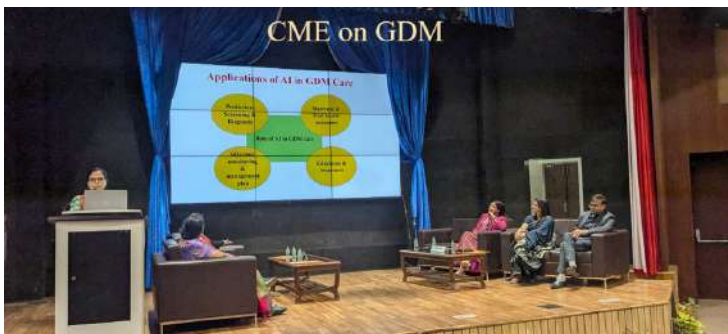


The Department of **Anaesthesia** conducted a Basics of Acupuncture workshop, attended by 30 delegates. Held in a hybrid format, the program included online lectures and two contact sessions from **24th October to 8th November 2025**. The workshop enhanced participants' knowledge of complementary pain management methods applicable to anaesthesia, promoted integrative approaches for perioperative and chronic pain care, offered alternative and adjunctive analgesic options to improve patient outcomes, and fostered skill development and academic interest in evidence-based alternative therapies.

# ACADEMIC SPECTRUM

## SWEET BEGINNINGS: CME ON GESTATIONAL DIABETES MELLITUS

A Continuing Medical Education (CME) programme on Gestational Diabetes Mellitus was conducted on **15th November 2025**. The CME featured a comprehensive **multispecialty** discussion involving experts from **Biochemistry, Pharmacology, Community Health, Internal Medicine, Neonatology, Ophthalmology, and Nutrition, along with Physicians, Diabetologists, and Obstetricians.** This collaborative academic platform provided a vibrant and intellectually stimulating environment for in-depth discussions, fostering enhanced clinical skills, interdisciplinary understanding, and effective professional interactions.



## ADVANCING BARIATRIC SURGERY: AN INAUGURAL CADAVERIC WORKSHOP

The Department of **Surgery** conducted its first-ever Bariatric Cadaveric Workshop in collaboration with the Departments of **Forensic Medicine and Anatomy.** The workshop was designed to impart structured, hands-on training in bariatric and metabolic surgery and was attended by 16 surgeons from across India, providing an opportunity for skill enhancement through practical cadaveric dissection and procedural demonstrations.

## 10TH ANNUAL KSCH CME 2025

Department of Pediatrics organised Annual CME on **14th December 2025**, focusing on Hematology – Oncology and Cardiology. National and international faculty participated, and delegates attended from multiple institutes across Delhi–NCR.

## DELHI IMAGING UPDATE 2025: INNOVATIONS IN RADIOLOGY

Department of **Radiology** organized a Delhi Imaging Update 2025 on **15-16th November** by the Delhi state chapter of IRIA in association with Lady Hardinge Medical College, New Delhi.



# ACADEMIC SPECTRUM

## PEDIATRIC ENT CONCLAVE 2025: BRIDGING SCIENCE AND CHILD CARE

Department of **ENT** Head Neck Surgery organized the First Pediatrics ENT conclave on **22nd November 2025**. Dr. A. Chakravarti, Dir. Prof & HOD was the organizing Chairman and Dr. Raman Sharma, Assistant Professor, was organizing Secretary. It was attended by 80 delegates from Delhi and adjoining states of Haryana, UP and Uttarakhand.

## ADVANCES IN TOTAL KNEE ARTHROPLASTY: A HANDS-ON WORKSHOP

The department of **Orthopedics** organized a specialized saw-bone workshop on Total Knee Arthroplasty (TKA) aimed at enhancing the surgical precision of faculty and residents. Guest faculty from other institutes were invited to share their expertise, and the session provided a valuable platform for discussion on the technical aspects of joint replacement surgery.



## AIOS PRAYOGSHALA: LEARNING BY DOING

Under the guidance of Dr. Sarita Beri, the faculty and residents of the **Retina Services** successfully conducted AIOS Prayogshala, an ophthalmic clinical skill development workshop focused on retinal imaging modalities. Held at the AIOS Headquarters, Delhi, on **7th December 2025**. The workshop was attended by postgraduate students and practicing ophthalmologists seeking to enhance their clinical knowledge and skills.



## MICROCON 2025: IAMM HANDS-ON WORKSHOP

Department of **Microbiology** held a pre-conference satellite workshop titled "Decoding Molecular Diagnosis of Viral Hepatitis" on **29th October 2025**. The workshop provided hands-on training to twenty participants in nucleic acid extraction and PCR techniques for the diagnosis of Hepatitis B and C.

## OTHER ACADEMIC ACTIVITIES

- Guest lecture by Dr Steve Levitt (international faculty) on Best practices in IVF by Department of Obstetrics and Gynaecology
- Department of Forensic Medicine & Toxicology organized a guest lecture by Dr. Anil Kumar, Emergency Medicine physician.
- Qualitative Research Workshop for Faculty was conducted by Dr Jyoti Khandekar, Director Professor, and team, Department of Community Medicine.
- Department of Physical Medicine and Rehabilitation, organized Pre conference workshop on Musculoskeletal USG and IPARM Annual conference. (Delhi PMR Con).

# FACULTY FOCUS

## FORENSIC MEDICINE

**Dr Mukta Rani** appointed as member of committee for revision of guidelines & Protocols –Medicolegal care upgrading guidelines for medicolegal care for survivors/ victims of sexual violence formed by DGHS, MoHFW.

**Dr Arvind Kumar** as expert member of three member committee formed by DGHS, MoHFW, assessed the capabilities of National Forensic Sciences University (NFSU), Gandhinagar, Gujarat for collaboration with NCDC

**Dr Mohit Chauhan** appointed as Member Secretary for Revised committee for standardization of format for MedLEaPR software for uniform implementation by DGHS, MoHFW. He was also appointed as member secretary of committee for framing Medicolegal framework for implementation across the country framed by DGHS, MoHFW.

## MEDICINE

**Dr. Priya Bansal** was awarded Fellowship of Royal College of Physicians (London)

Two book publications by **Dr Anupam Prakash** and **Dr Ghanshyam Pangtey**:

- Recent Advances in Clinical Medicine. Munjal YP, Prakash A, Pangtey GS (eds).
- Understanding Kidney Diseases: A simplified approach. Meena P, Aggarwal G, Anandh U, Singh NP, Prakash A.

## OPHTHALMOLOGY

**Dr Sarita Beri, Dr Om Prakash** and **Dr Piyush Ramavat** conferred with highly prestigious Dronacharya Award for their outstanding academic excellence.



## PHARMACOLOGY

**Dr. Lalit Kumar Gupta** received the commendation for “excellence in peer review” by the editorial board of Indian Journal of Physiology and Pharmacology (Oct, 2025).

**Dr Ravinder Sah** was awarded 1st prize in poetry writing competition during vigilance awareness week

## PAEDIATRIC ANAESTHESIA

**Dr Preeti Goyal Varshney** won consolation prize in slogan writing during vigilance awareness week

# FACULTY FOCUS

## NEONATOLOGY

**Dr Vikram Datta** contributed to MusQan guidelines, NQAS assessments in CHCs across Uttar Pradesh, and represented India at a WHO-SEARO Global Patient Safety Day webinar.

He also received the Silver Medal for his paper at the 4th International Conference on Health Care Quality and Patient Safety, Pune (October 2025).

**Dr Sushma Nangia** was invited as a Guest Speaker (LMIC representative) at the International Conference of the European Milk Bank Association, held in Venice, Italy.

**Dr Pratima Anand** contributed to WHO AMR prevention tools for Level-III NICUs, UNICEF NEOSIMSURE simulation modules. Served as WHO SEARO ENCC v2 Trainer, Nodal Officer for Child Death Review (Delhi), and was nominated to the National Commission for Women.

## SURGERY

**Dr. Kusum Meena** received 1st prize in essay writing competition during Vigilance awareness week

## ANAESTHESIA

**Dr. Ranju Singh** received Consolation prize in essay writing competition during Vigilance awareness week

## PSYCHIATRY

**Dr. Purna Kukretti** edited a book on Women's Reproductive Mental Health in South Asia,

**Dr Shiv Prasad** and **Dr Nitin Raut** served as national experts for the Standard Treatment Guidelines for Management of Burns – 2025, published by the Ministry of Health and Family Welfare.

## PAEDIATRIC SURGERY

**Dr Yogesh Sarin** felicitated by research and innovation Paediatric surgery Section of Indian association of Pediatric surgeon during the 10th Annual conference, AIIMS, New Delhi

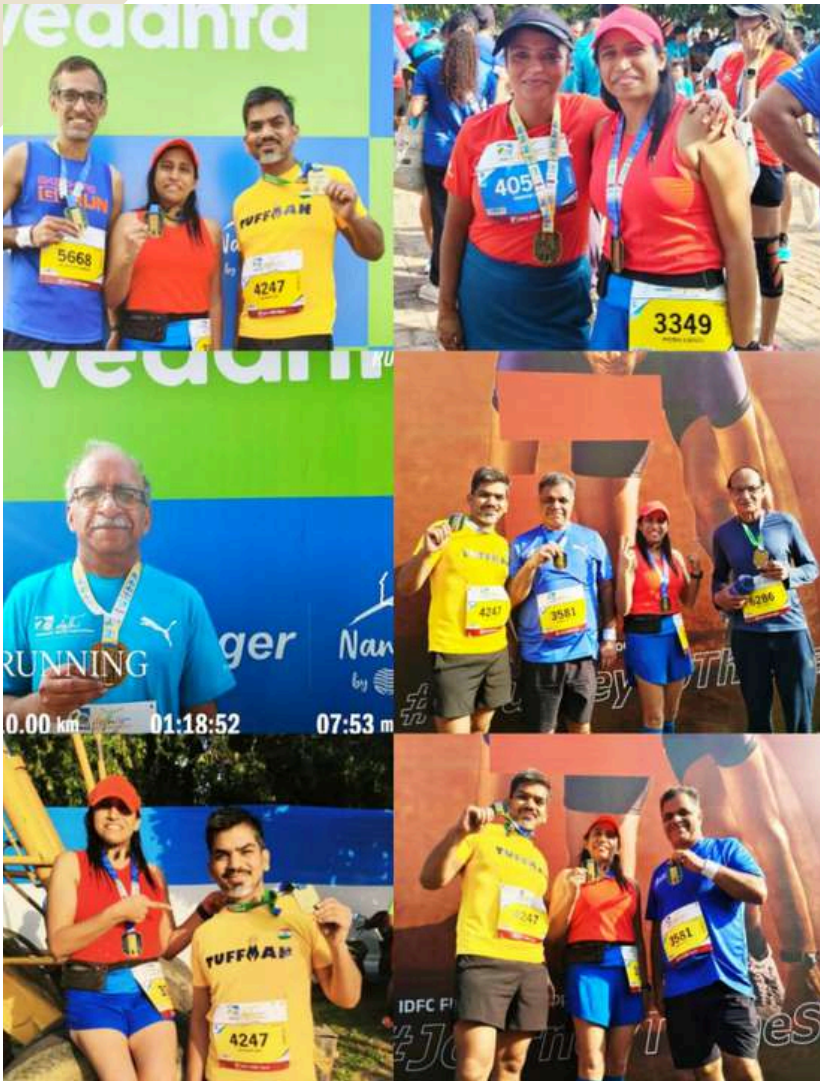
**Dr. Ankur Bhardwaj** received 'Tejasvi medal' by the Indian Association of Pediatric Surgery (IAPS) in Mumbai on 16th August, 2025

He also received 2nd prize in Paper presentation in RIPSSCON (Annual Conference of Research & Innovation in Pediatric Surgery) held on 5-7th December, 2025 in AIIMS, New Delhi

## OBSTETRICS AND GYNECOLOGY

**Dr Kanika Chopra**, secured First Prize in the Slogan Competition in AOGD, Delhi.

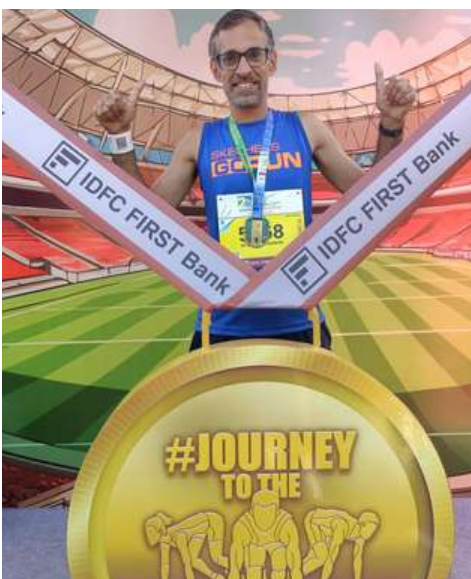
## From healing lives to chasing milestones: LHMC faculty leading by example at the sports



Sports competition organized by LHMC, on **14th Nov, 2025**

**Dr Ranjeeta Hansdak** (Professor, Anatomy) secured 1st position in Carrom Board and 2nd position in Table tennis.

**Dr Sneh Agarwal** (Dir. Professor, Anatomy) secured 1st position in Table tennis, and 2nd Position in Carrom Board.



# RESIDENTS' DESK

## RESIDENT DOCTOR'S ASSOCIATION

**Blanket donation** drive was organized as part of community outreach initiative, a reflection of the collective spirit of services offered by our institution.



## ANAESTHESIOLOGY

**Dr. Pooja Panchal** won First Prize in poster presentation at ISACON 2025, Raipur..

## ANATOMY

- **Dr. Rashi Verma** (SR) got the BEST PAPER award at METCON 2025, Delhi.
- **Dr. K. Vanajakshi** secured 3rd position in the All India Anatomy PG Quiz at NATCON 2025.

## BIOCHEMISTRY

**Dr. Vandana, Dr. Khushboo** and **Dr. Parul** won awards for Oral & Poster presentations at the Delhi Chapter ISAR Conference, Delhi

## COMMUNITY MEDICINE

- **Dr. Nidhi** (SR) got 2nd Prize, **Dr. Suvigya, Dr Sugadev, Dr Abhilasha** (PGs) got 1st, 2nd, and 3rd Prize, respectively at the EFICON 2025 held at AIIMS, Delhi.
- **Dr. Pittala Sri Nadini** received Dr. C. M. Kapasi award (2024) under the category Best PG.
- **Dr. Tejaswi** (PG-3) got 3rd prize; and **Dr Manisha, Dr Shubham, Dr Aditi & Dr. Nidhi** (SRs) were honoured for judging and chairing scientific sessions at the EPIMIX Quiz

## DERMATOLOGY

**Dr. Sampurna & Dr Anika** secured 1st and 2nd prize respectively at RELY QUIZ IADVL (Delhi State)

## FORENSIC MEDICINE & TOXICOLOGY

**Dr. Vijay Kumar** (PG) received 2nd prize (poster) at 25th Silver Jubilee Int conference of PAFMAT 2025.

## MEDICINE

- **Dr Ishika Gupta, Dr. Saksham Shukla & Dr. Akash Pandey** (1st prize - team award) - EDPA Quiz
- **Dr Suksham Shukla** - Best paper award - ISARCON 2025
- **Dr Raghav** (poster) - FEFCON 2025
- **Dr Suksham & Dr. Akash** got 1st and 2nd prize (diabetes) - DIABECON 2025
- **Dr. Ishika Gupta & Dr. Dheeraj** got 1st and 2nd prize - Miscellaneous Category

# RESIDENTS' DESK

## OBSTETRICS & GYNAECOLOGY

- **Dr Ayushi & Dr Sowmiya**, both won Gold Medal (best paper) - AOGD 25
- **Dr Megha Chopra** got Bronze Medal (paper) - AOGD 25

## OPHTHALMOLOGY

- **Dr Kaveri** - 1st prize (essay writing) at the conference "Young Ophthalmologists Society of India".
- **Dr Amita** and **Dr. Harshita** got 2nd prize at "Teachers of Tomorrow", held at Delhi Ophthalmologists Conference.
- **Dr Rhea Bharti** got Dr Prem Chandra Award (best paper) at North Zone Ophthalmologist Conference.

## ORTHOPAEDICS

- **Dr Utkarsh Singhal** (PG) got the Best Paper award at DOACON 25 held at Delhi.

## OTORHINOLARYNGOLOGY

- **Dr Akhil** got 1st prize (Poster) at 46th AOI Delhi State Chapter.
- **Dr Varun** and **Dr Ritika** (PGs) got 1st prize at Pediatric ENT conclave held at LHMC, Delhi.

## PATHOLOGY

- **PG students** qualified upto the national IAPM quiz and secured 2nd prize at National Haematocom-25 Quiz

## PAEDIATRICS

"Dr Veena Taluja Memorial Research Awards"

- **Dr Saumya** (Gold Medal) and **Dr Hardeep** (Silver Medal) in the (MD Pediatric Dissertation)
- **Dr Veenashree Bhat** (Gold Medal): (Neonatology)

## PAEDIATRIC SURGERY

- **Dr Siddesh HV**, MCh (silver medal) - Dr Veena Taluja Memorial Research Award (2025)

## PHYSICAL MEDICINE & REHABILITATION

- **Dr. Mansi Yadav**, PG received IPARM Gold Medal for Best Scientific Paper

## PSYCHIATRY

- **Dr. Madhana** (PG-3) got 1st Prize (Poster), and **Dr. Shruti Gupta** 1st Prize (Paper) at IACAM National Conference 2025, at Guwahati

## RADIOLOGY

- **Dr. Megha Sahukar & Dr. Pranjal** got 2nd and 3rd prize respectively for (poster) in Delhi Imaging Update 2025 held at LHMC, Delhi.

# STUDENTS' CORNER

## UG STUDENTS: AS ACADEMIC FLAG BEARERS

**Medicus Conventus '25**, the **8th Annual UG Medical Conference** organised by Mediquest, the Academic Society of Lady Hardinge Medical College, was held from **5th to 7th December 2025**. Centered on the theme **"From Silos to Synergy: Care, Collaboration and Crisis,"** the conference highlighted the importance of collaborative approaches to healthcare.

Over three days, it provided a vibrant academic platform with sessions, discussions, and hands-on experiences that fostered critical thinking, compassion, and innovation.



## YOUNG BLOOD

**21st Freshers' Week** welcomed new students into the Hardinge family through a week of engaging events organised by various college societies. The programme encouraged interaction, talent showcase, and friendship-building among freshers.

The celebrations concluded with **Freshers' Day – Glamorous Gala on 29th November 2025**, featuring lively performances and the crowning of **Miss Fresher**, symbolising confidence, new beginnings, and lasting bonds for the new batch

## NURSING STUDENTS: NOT FAR BEHIND

- During **October 2025**, the College of Nursing, LHMC organised wellness, training, and outreach activities, including a **Wellness and Happiness Programme** for 1st-year students with faculty from LHMC, KSCH, and AIIMS Delhi, along with self-defence training.
- Students participated in health education initiatives such as **hygiene role plays, CPR demonstrations, and awareness skits**, and contributed to **anaemia education and women's health screening** under the **Swasth Nari Sashakt Parivar Abhiyaan. At RHTC Najafgarh.** Awareness programmes addressed tuberculosis, iodine deficiency, anaemia, and air pollution, highlighting the institute's commitment to community health.



# CONTINUING NURSING EDUCATION

- During October–December 2025, the CNE Department, LHMC organized multiple academic and training activities to enhance **nursing competencies and patient safety**.
- **CPR Awareness Week** (October 2025):
  - 16th October 2025: **Hands-only CPR awareness training** conducted for Group D staff.
  - 17th October 2025: **Quiz competition** for Nursing Officers; Ms. Chandra ) secured 1st Prize.
- **Infection Control Training:** Two-day training programme conducted for Nursing Officers on 21st and 24th November 2025 to reinforce safe clinical practices.
- Workshop on Stock Management: A 7-day workshop titled **“Ensuring Safety Through Effective Stock Management in Nursing Practice”** was organized, sponsored by MOH&FW, for stockholders to strengthen inventory management skills.
- The department celebrated the **9th anniversary of the CNE Department**, emphasizing its commitment to continuous nursing education.



## STAFF ACHIEVEMENTS

### HINDI PAKHWADA (LHMC-DELHI)

- **Ms. Pooja Bhaskar** (T.O.) secured 1st and 3rd positions in Shrutlekh, Nibandh, and Tippani vah Aalekhan
- **Sh. Adesh** (JMLT) won 1st in Noting & Drafting
- **Ms Priyanka** (MLT) received an encouragement award.

### VIGILANCE AWARENESS WEEK (LHMC-DELHI)

- **Ms Pooja Devi** (LDC) 1st and **Ms Pranjul Kamthan** (MLT) and **Mr Diwakar Misra** (MLT) received consolation prizes for Slogan Writing
- **Mr Vipul Sharma**, 2nd position, and **Mr Sanjay Dhangsi**, (LDC) received consolation in the poetry writing competition

### INTER-MINISTRY YOGA COMPETITION (CSOI-Delhi)

- **Sh. Diwakar** (MLT) won 2 Gold and 1 Silver medal - Yoga Excellence Award

# LHMC FAMILY

## GRATITUDE

On their superannuation, the institute warmly appreciates the contributions of our distinguished faculty members, **Dr. V.S. Randhawa**, Director Professor (October 2025), and **Dr. Ravinder Kaur**, Director Professor (December 2025). We wish them happiness and health in their lives.

We acknowledge the valued services of the following LHMC family members who retired between October-December 2025:

- **Ms Kusumlata**, CNO
- **Mr. Visheshwar Mahto**, Lab attendant
- **Rajendra Kumar** (Modeller and Artist)
- **Mrs. Babli**, MTS
- **Mr. Tejpal**, Safai Karamchari

## LET'S WELCOME !

We welcome the following Faculty members to our Hardinge Fraternity:

- **Dr. Ankur Bhardwaj**, Assistant Professor, Pediatric Surgery
- **Dr Archana Singh** joined as Professor on Deputation, Obstetrics and Gynaecology
- **Dr Reetu Yadav**, Assistant Professor, Obstetrics and Gynaecology
- **Dr. Santosh Kumari**, Assistant Professor, Anesthesia
- **Dr. Sukhmin Singh**, Assistant Professor, Orthopedics



# EDITORIAL DESK: DIRECTOR, LHMC

It is with great enthusiasm that we present the inaugural issue of our Institute's Quarterly e-Newsletter.

Our institute is dynamically progressing with each individual, section, department striving to give their best in various aspects of education, patient care, administration, research, and community service. Yet, often these efforts and achievements go unnoticed, unshared, or uncelebrated.



This e-Newsletter is our effort to create a common platform where these accomplishments can be chronicled for posterity. With the objective to promote academic visibility and interdepartmental awareness, document institutional growth and milestones, and encourage a culture of scholarship, collaboration, and continuous improvement, we bring this maiden issue of "LHMC E-NEWS."

This newsletter will not just highlight the activities of the institute and departments but also cherish the individual feats of members of our Hardinge family, be it our students, staff members who have dedicated their lives to the institute before superannuating, or faculty whose work has been awarded. I urge all departments, faculty members, residents, students, and staff to actively contribute and help make this newsletter a vibrant reflection of our Institute.

I appreciate the efforts of the editorial team in bringing out this first issue and look forward to the continued support of the entire institute. Let this e-Newsletter become a mirror of our progress and a record of our shared journey toward excellence.

## OUR TEAM

- **Dr. Sarita Beri**, Director LHMC
- **Dr. Sharda Patra**, Director Professor, Obstetrics and Gynaecology
- **Dr. Anita Pawar**, Director Professor, Physiology
- **Dr. Madhulika Monga**, Director Professor, Physiology
- **Dr. Viswas Chhapola**, Professor, Pediatric Medicine
- **Dr. Mohit Chauhan**, Assistant Professor, Forensic Medicine and Toxicology
- **Student Volunteer:**
  - **Shreya Gupta**, MBBS Batch 2022

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