

TeenAge HealthGuide App aims to provide information on the health related issues of Adolescents. The contents are based on relevant WHO publications.

Adolescents, their parents and teachers would find this App very useful to learn about common health related issues of teenagers. The information is classified as common issues, boys' issues, and girls' issues. It also suggests when is the right time to contact doctor or other health care providers for health related issues.

It contains short videos, PDF files having details of the issues, BMI calculator and WHO BMI charts for Adolescents, and provision for searching the app for keywords.

You can download it on your mobile from Play Store for Android Phones and from App Store for iPhones by searching for it using the keywords 'Teen Age Health Guide'.