

Brief introduction and overview of the department

Department of Physical Medicine and Rehabilitation (PMR) at Kalawati Saran Children's Hospital, New Delhi provides Comprehensive Medical Rehabilitation services to pediatric and adult cases. All patients are directly seen in the O.P.D including the referred cases from different departments for medical consultation.

Adult cases with varied orthopedic and neurological conditions like different types of arthritis, degenerative joint conditions, acute & chronic pain, trauma rehabilitation (fractures, nerve injuries, soft tissue injuries, spinal cord injuries) and other musculoskeletal problems. Neuropathies, stroke, parkinsonism and motor neuron disease etc. are given rehabilitation services here.

Majority of the cases attending the P.M.R. Department are of developmental disorders. However, pediatric cases with neurological, musculoskeletal conditions like cerebral palsy, Intellectual disability, autism, meningitis, encephalitis, neuropathies, rickets, muscular dystrophy, Meningomyelocele, CTEV, congenital deformities and various speech and language impairments are also given habilitation and rehabilitation services here.

At present, the department is providing following rehabilitation services:

1. OPD Services:-
 - Medical consultation by doctors specializing in Rehabilitation
 - Physiotherapy
 - Occupational Therapy
 - Speech therapy
 - Clinical Psychologist services
2. 5 bedded pediatric PMR ward
3. Prosthetic & Orthotic Workshop to provide various kind of Aids & Appliances
4. Referral services from various departments of LHMC & Assoc. Hospitals
5. Specialized clinics viz. Autism , Neuro-rehabilitation , Pain intervention, Pulmonary Rehabilitation, Early intervention services for high risk children for developmental delay.
6. Caregiver education classes to Parent's of children with disabilities.
7. Unique disability Id (UDID):Disability assessment & certification to persons with disabilities(Locomotor, Multiple disability, Chronic Neurological conditions)
8. Intervention Physiatry(Intra-articular & soft tissue injections) for painful musculoskeletal conditions & botulinum toxin in selected cases of cerebral palsy.
9. Electro-diagnostics Studies like EMG, NCV
10. Diagnostic Musculoskeletal Ultrasound for evaluation & management of Musculoskeletal disorders.

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